



Plates.

YOGURT & BERRIES 9
Granola. Greek Yogurt.

CHIA AÇAÍ PARFAIT 12
Strawberry. Banana. Blueberry. Coconut. Chia Pudding.
Almond Butter. Hemp Hearts.

AVOCADO TOAST 14
Balthazar Bakery Whole Grain Bread. Side Salad.
Add 6 Min. Egg +3.

BALTHAZAR BAKERY PASTRIES 5
Choose one: Croissant. Pecan Sticky Bun. Apple Galette.
Seasonal Danish.

FRENCH BREAKFAST 10
Orange Juice. Croissant & Cappuccino.

Smoothies.

TROPICAL 10
Pineapple. Banana. Blueberry. Coconut.
Almond Milk. Coconut Water.

BERRY 10
Raspberry. Blackberry. Strawberry. Almond Butter.
MCT Oil. Almond Milk.

MATCHA 10
Matcha Tea. Banana. Coconut Water. Granola.
Raw Walnut. Greek Yogurt.

Add Hemp or Plant Protein (everyday fruits&veg). +2

Juices.

CARROT. APPLE. GINGER. 7

BEET. GINGER. ORANGE. 7

KALE. CELERY. APPLE. CUCUMBER. 7

Intelligentsia Coffee.

| | |
|-----------------|---|
| HOUSE BLEND | 4 |
| ESPRESSO | 4 |
| DOUBLE ESPRESSO | 5 |
| AMERICANO | 5 |
| CAPPUCCINO | 5 |
| LATTE | 5 |
| CHAI | 5 |
| MOCHA | 7 |
| ICED COFFEE | 6 |
| ICED CAPPUCCINO | 6 |
| ICED LATTE | 6 |

Harney & Sons Tea.

| BLACK | |
|-------------------|---|
| ENGLISH BREAKFAST | 5 |
| EARL GREY | 5 |
| PARIS | 5 |
| LAPSANG SOUCHONG | 5 |
| DECAF CEYLON | 5 |

| GREEN | |
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| SENGHA | 5 |
| JASMINE | 5 |
| WHITE PEACH MATCHA | 5 |
| GENMAICHA | 5 |

| HERBAL TISANE | |
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| MINT VERBENA | 5 |
| YELLOW & BLUE (CHAMOMILE & LAVENDER) | 5 |
| PEPPERMINT | 5 |