



Plates.

YOGURT & BERRIES	9
Farro Granola. Greek Yogurt.	
CHIA AÇAÍ PARFAIT	12
Strawberry. Banana. Blueberry. Coconut. Chia Pudding. Almond Butter. Hemp Hearts.	
AVOCADO TOAST	14
Balthazar Bakery Whole Grain Bread. Side Salad. Add 6 Min. Egg +3.	
BALTHAZAR BAKERY PASTRIES	5
Choose One: Croissant. Pecan Sticky Bun. Apple Galette. Seasonal Danish.	
FRENCH BREAKFAST	10
Orange Juice. Croissant & Cappuccino.	

Smoothies.

RED	10
Beet. Strawberry. Medjool Date. MCT Oil. Almond Milk.	
GREEN	10
Kale. Greek Yogurt. Banana. Pineapple. Flax Seed. Almond Milk. Manuka Honey.	
MATCHA	10
Matcha Tea. Banana. Coconut Water. Granola. Raw Walnut. Greek Yogurt.	
Add Hemp or Plant Protein (everyday fruits&veg).	+2

Juices.

CARROT. APPLE. GINGER.	7
BEEF. LEMON. CELERY. TUMERIC.	7
KALE. CELERY. APPLE. CUCUMBER.	7



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Intelligentsia Coffee.

HOUSE BLEND	4
ESPRESSO	4
DOUBLE ESPRESSO	5
AMERICANO	5
CAPPUCCINO	5
LATTE	5
CHAI	5
MOCHA	7
ICED COFFEE	6
ICED CAPPUCCINO	6
ICED LATTE	6

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ICED CAPPUCCINO	6
ICED LATTE	6

Harney & Sons Tea.

BLACK	
ENGLISH BREAKFAST	5
EARL GREY	5
PARIS	5
LAPSANG SOUCHONG	5
DECAF CEYLON	5

GREEN	
SENGHA	5
JASMINE	5
WHITE PEACH MATCHA	5
GENMAICHA	5

HERBAL TISANE	
MINT VERBENA	5
YELLOW & BLUE (CHAMOMILE & LAVENDER)	5
PEPPERMINT	5

Harney & Sons Tea.

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ENGLISH BREAKFAST	5
EARL GREY	5
PARIS	5
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