



## Plates.

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<b>YOGURT &amp; BERRIES</b>	<b>9</b>
Farro Granola. Greek Yogurt.	
<b>CHIA AÇAI PARFAIT</b>	<b>12</b>
Strawberry. Banana. Blueberry. Coconut. Chia Pudding. Almond Butter. Hemp Hearts.	
<b>AVOCADO TOAST</b>	<b>14</b>
Balthazar Bakery Whole Grain Bread. Side Salad. Add 6 Min. Egg +3.	
<b>BALTHAZAR BAKERY PASTRIES</b>	<b>5</b>
Choose One: Croissant. Pecan Sticky Bun. Apple Galette. Seasonal Danish.	
<b>FRENCH BREAKFAST</b>	<b>10</b>
Orange Juice. Croissant & Cappuccino.	

## Smoothies.

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<b>RED</b>	<b>10</b>	
Beet. Strawberry. Medjool Date. MCT Oil. Almond Milk.		
<b>GREEN</b>	<b>10</b>	
Kale. Greek Yogurt. Banana. Pineapple. Flax Seed. Almond Milk. Manuka Honey.		
<b>MATCHA</b>	<b>10</b>	
Matcha Tea. Banana. Coconut Water. Granola. Raw Walnut. Greek Yogurt.		
Add Hemp or Plant Protein (everyday fruits&veg).		<b>+2</b>

## Juices.

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<b>CARROT. APPLE. GINGER.</b>	<b>7</b>
<b>BEET. LEMON. CELERY. TURMERIC.</b>	<b>7</b>
<b>KALE. CELERY. APPLE. CUCUMBER.</b>	<b>7</b>

# Intelligentsia Coffee.

HOUSE BLEND	4
ESPRESSO	4
DOUBLE ESPRESSO	5
AMERICANO	5
CAPPUCCINO	5
LATTE	5
CHAI	5
MOCHA	7
ICED COFFEE	6
ICED CAPPUCCINO	6
ICED LATTE	6

# Harney & Sons Tea.

BLACK	
ENGLISH BREAKFAST	5
EARL GREY	5
PARIS	5
LAPSANG SOUCHONG	5
DECAF CEYLON	5
GREEN	
SENCHA	5
JASMINE	5
WHITE PEACH MATCHA	5
GENMAICHA	5
HERBAL TISANE	
MINT VERBENA	5
YELLOW & BLUE (CHAMOMILE & LAVENDER)	5
PEPPERMINT	5